



Dear Fellow Registered Dietitian,

The Unilever Nutrition and Health Team is excited to share some of our newest resources & product information, which we hope will be insightful to you and your clients.

This newsletter covers delicious recipes, Unilever's response to COVID-19, our latest product launches & our brand new Lipton Health Professional toolkit.

As always, please let us know if there are any topics you would like to learn more about by contacting us at: nutrition.health@unilever.com.

We'd love to stay in touch!

Warm regards,
Unilever Nutrition & Health Team

How we're helping

Our brands have donated more than \$8 million in food, personal hygiene & home cleaning products to help people impacted by the COVID-19 pandemic.

Additionally, we partnered with **Feeding America** to support a national network of food banks distributing essentials to Americans in need. Learn more about our contributions & commitment by visiting our website.

DISCOVER MORE

New FDA Regulations

Unilever is a proud partner of [The Reagan-Udall Foundation for the Food and Drug Administration \(FDA\)](#). Recently, the FDA announced their launch of “The New Nutrition Facts Label: What’s In It For You?” education campaign to increase public awareness of changes to the Nutrition Facts label. The new label reflects updated scientific information like the correlation between diet and chronic disease:

Nutrition Facts	
8 servings per container	
Serving size	2/3 cup (55g)
Amount per serving	
Calories	230
% Daily Value*	
Total Fat 8g	10%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 160mg	7%
Total Carbohydrate 37g	13%
Dietary Fiber 4g	14%
Total Sugars 12g	
Includes 10g Added Sugars	20%
Protein 3g	
Vitamin D 2mcg	10%
Calcium 260mg	20%
Iron 8mg	45%
Potassium 235mg	6%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

NOW LARGER & BOLDER

NOW LARGER & BOLDER

NEW UPDATED VALUES

NEWLY ADDED

The FDA also developed promotional materials & educational resources like interactive web pages, downloadable tools & fact sheets, informational videos & teaching curricula for both schools & medical training programs.

You can help support this campaign & spread the word [via their official social media toolkit](#) (available in both English and Spanish).

Updates from our brands



Over the last few years, Unilever sponsored several studies on the heart health benefits of tea, so we're now sharing our findings with you in the form of a comprehensive toolkit for health professionals.

The toolkit outlines Unilever sponsored research & includes consumer-friendly tips, such as how to brew the perfect cup of tea. We hope you find the research results enlightening & recommend unsweetened tea as a beverage of choice for your clients.

[DOWNLOAD YOUR TOOLKIT](#)

A glass of iced tea always tastes great on hot summer days, so we hope you enjoy this **Lipton Mega Mint Iced Tea** recipe!



Knorr currently hosts cooking classes for food-insecure communities through our partners at **A Better Life Foundation (ABLF)**. Our program is called **Sharpen Up**, and it teaches people with limited resources how to eat nutritiously by utilizing Knorr's collection of better-for-you recipes.

Due to COVID-19, we changed the program's in-person workshops to a virtual format via Zoom. During each two-week session, participants will receive all the groceries & training they need to confidently prepare nutritious Knorr recipes at home.

LEARN MORE



New on the shelves



Hellmann's Vegan Dressing & Spread

Hellmann's now offers a certified vegan, plant-based dressing & spread made with sunflower oil! It's not only eggless, dairy-free, gluten-free & Kosher, it's also made with non-GMO sourced ingredients & contains no artificial flavors.

[DISCOVER MORE](#)



Sir Kensington's Everything Sauces

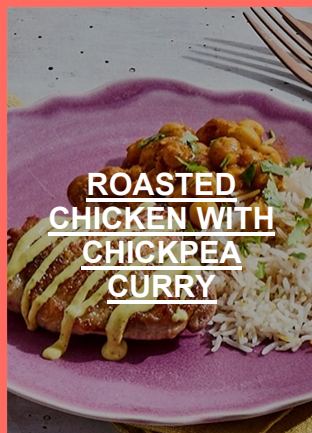
These NEW sauces make incorporating global flavors at home easy. Each sauce is **Non-GMO Project Verified** & is made with high-quality ingredients like **Certified Humane free-range eggs**.

[EXPLORE NEW](#)



Everything Sauces help make any meal delicious!

Which recipe will you try?





Popsicle® Fruit Twisters

Enjoy a delicious, better-for-you twist on Popsicle's classic treats! Twister pops are made with real fruit & milk and are a good source of Vitamin C that parents & kids alike will love.

TRY NOW

THE ORIGINAL BRAND
FROZEN DAIRY DESSERT



FRUIT
TWISTER

MADE WITH
REAL
FRUIT & Milk



PEACH, RASPBERRY,
& VANILLA SWIRL

FROZEN DAIRY DESSERT

fruit and vanilla flavored with other natural flavor

NET 16.2 FL OZ
(480mL)

NEW!



PER POP
70
CALORIES

6 PACK



Magnum Ruby Mini Ice Cream Bars

Ruby chocolate is the first new chocolate in 80 years. Now you can try it for yourself with these NEW treats!

Each bar is made with **sweet cream ice cream** & dipped in a **Ruby cacao shell**. At **only 130 calories per bar**, they're a smart choice for the occasional indulgence.

[DISCOVER MAGNUM RUBY](#)





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